

The Canadian HIV Pregnancy Planning Guidelines

Declaration of Reproductive Rights for People living with HIV



As people living with HIV we recognize that we have reproductive rights. These rights require collaboration and support from across sectors. As people living with HIV, we have the right to:

- 1 Reproductive health counseling – including birth control options, parenting choices, strategies to reduce HIV transmission – based on up-to-date, accurate and values-neutral information.
- 2 A care team that approaches about this counseling from a non-judgmental approach and accounts for our sexual, gender, cultural, ethno-racial & religious diversity in beliefs and practices.
- 3 Counselling that also considers issues such as parenting-related HIV Stigma and discrimination, a harm reduction approach related to substance use realities for families, and considerations for families who choose not to parent
- 4 A clinical review of medications to ensure safety during conception and pregnancy
- 5 Access to cART during the preconception phase to reduce the risk of HIV transmission
- 6 Support for the conception option that is preferred by the person living with HIV (and their partner when relevant)
- 7 Access to fertility specialist who are informed about HIV when necessary
- 8 Full and satisfying parenting lives as PLHIV if we so choose
- 9 To make fully informed decisions about exercising our reproductive rights. This includes full explanations of all medical procedures & risks, to choose or refuse the treatment modalities, to refuse to participate in research w/o jeopardizing our treatment.
- 10 Privacy, confidentiality of medical records, to human respect & to choose who our significant others & co-parents are.

